



Drug and Alcohol Policy

In compliance with the DRUG-FREE WORKPLACE ACT F 1988, HEA Sec. 120; 34 CFR PART 86,

Please be aware of the following policy of **MR. JOHN'S SCHOOLS OF COSMETOLOGY**.

Drug policy

The possession, use, distribution and/or sell of illegal drugs or illegal drug paraphernalia is prohibited on the campus of MR. JOHN'S SCHOOL OF COSMETOLOGY, or at off campus school sanctioned events. Students or staff using, or otherwise involved with drugs in violation of the schools policy are subject to disciplinary action, in addition to any action taken by local or federal law enforcement authorities.

Alcohol Policy

Mr. John's is committed to maintaining a healthy and safe academic community that reflects high standards of personal responsibility and behavior. Alcohol use will not be tolerated under any circumstances.

School Sanctions for Violating Drug and Alcohol Policies

Students found responsible for violating the schools Drug and Alcohol Policies are given sanctions which are implemented in accordance with school policies. There are no automatic sanctions for particular offenses; cases are evaluated individually and sanctions are applied with the severity of the offense in mind, including the number of past policy offences. Sanctions will include one, or more of the following;

1. Written warning
2. Probation
3. Suspension
4. Completion or attendance of an appropriate rehabilitation program
5. Dismissal from School

MR. JOHN'S recognizes the dangers of drug abuse in the workplace/school. To be in compliance with the DRUG-FREE WORKPLACE ACT OF 1988, MR. JOHN'S has implemented a policy of maintaining a drug and alcohol free workplace/school for all students and staff. Whenever possible Mr. John's has outside agencies present programs on drug and alcohol abuse.

Each employee and student is required to obtain a copy of this statement.

Each Employee and student will:

- A. Abide by the terms of this statement
- B. Notify the School Director in writing of any criminal drug statue conviction while enrolled in school no later than five (5) days after such conviction.

Mr. John's will notify the U.S. Department of Education within 30 days of receiving written notice of conviction.

Within 30 days of the written receipt of conviction, Mr. John's will:

- A. Take appropriate personnel action against such employee or student, up to and including dismissal from work/school or,
- B. Require such employee or student to participate in an approved drug assistance or rehabilitation program.

Employee/Student: _____

Date: _____

HEALTH RISKS ASSOCIATED WITH ALCOHOL AND DRUGS

There are obvious risks associated with alcohol and drug abuse, but there are a number of less obvious risks as well:

Physical and mental dependence

Memory loss

Violent behavior, aggressive acts, and angry feelings

Headaches

Nausea and/or vomiting

Muscle weakness

A drug tolerance

Liver, lung, and kidney problems

Brain damage

Hallucinations, tremors, and convulsions

Hyperactivity or Sluggish behavior

Poor academic performance

Unwanted pregnancy

Impact on future career prospects

Adverse effects from withdrawal

Alcohol and other drug use may also lead to other health problems such as respiratory depression, cancer, Fetal Alcohol Syndrome, elevated blood pressure, and, in some case, death. If combined with other depressants of the central nervous system, even low doses of alcohol can have dangerous effects.

Resources:

There are many resources off campus which can provide accurate information about substance abuse issues. A variety of services are available, from hotlines to personal counseling. If you need help or would just like some information . . . JUST ASK!

Contact Information:

Heritage Behavioral Health Center - 151 N. Main—Decatur, IL 62523 217-362-6262

St. Mary's Treatment Center— 1800 E. Lake Shore Dr.-Decatur, IL 62521 217-464-2500

Youth with a Positive Direction — 2000 N. Main-Decatur IL, 62526 217-972-0488

The Wells Center — 1300 Lincoln Ave. Jacksonville, IL. 62650 217-247-4018

Addiction Search 24 hour Rehab Helpline 800-807-0951